§ 441.520

§441.520 Included services.

- (a) If a State elects to provide Community First Choice, the State must provide all of the following services:
- (1) Assistance with ADLs, IADLs, and health-related tasks through hands-on assistance, supervision, and/or cueing.
- (2) Acquisition, maintenance, and enhancement of skills necessary for the individual to accomplish ADLs, IADLs, and health-related tasks.
- (3) Backup systems or mechanisms to ensure continuity of services and supports, as defined in §441.505 of this subpart.
- (4) Voluntary training on how to select, manage and dismiss attendants.
- (b) At the State's option, the State may provide permissible services and supports that are linked to an assessed need or goal in the individual's personcentered service plan. Permissible services and supports may include, but are not limited to, the following:
- (1) Expenditures for transition costs such as rent and utility deposits, first month's rent and utilities, bedding, basic kitchen supplies, and other necessities linked to an assessed need for an individual to transition from a nursing facility, institution for mental diseases, or intermediate care facility for Individuals with Intellectual Disabilities to a home and community-based setting where the individual resides;
- (2) Expenditures relating to a need identified in an individual's personcentered service plan that increases an individual's independence or substitutes for human assistance, to the extent that expenditures would otherwise be made for the human assistance.

§ 441.525 Excluded services.

Community First Choice may not include the following:

- (a) Room and board costs for the individual, except for allowable transition services described in §441.520(b)(1) of this subpart.
- (b) Special education and related services provided under the Individuals with Disabilities Education Act that are related to education only, and vocational rehabilitation services provided under the Rehabilitation Act of 1973
- (c) Assistive devices and assistive technology services, other than those

defined in \$441.520(a)(3) of this subpart, or those that meet the requirements at \$441.520(b)(2) of this subpart.

- (d) Medical supplies and medical equipment, other than those that meet the requirements at §441.520(b)(2) of this subpart.
- (e) Home modifications, other than those that meet the requirements at §441.520(b) of this subpart.

§441.530 [Reserved]

§ 441.535 Assessment of functional need.

States must conduct a face-to-face assessment of the individual's needs, strengths, preferences, and goals for the services and supports provided under Community First Choice in accordance with the following:

- (a) States may use one or more processes and techniques to obtain information, including telemedicine, or other information technology medium, in lieu of a face-to-face assessment if the following conditions apply:
- (1) The health care professional(s) performing the assessment meet the provider qualifications defined by the State, including any additional qualifications or training requirements for the operation of required information technology;
- (2) The individual receives appropriate support during the assessment, including the use of any necessary onsite support-staff; and
- (3) The individual is provided the opportunity for an in-person assessment in lieu of one performed via telemedicine.
- (b) Assessment information supports the determination that an individual requires Community First Choice and also supports the development of the person-centered service plan and, if applicable, service budget.
- (c) The assessment of functional need must be conducted at least every 12 months, as needed when the individual's support needs or circumstances change significantly necessitating revisions to the person-centered service plan, and at the request of the individual.
- (d) Other requirements as determined by the Secretary.